

LIFE SPACE CRISIS INTERVENTION COURSE SURVEY



PRE / POST (CIRCLE ONE)

Name: _____

School/Organization: _____ Date: ____/____/____

Please circle the number that currently rates your ability in the following areas:

1. I am aware of how positive relationships between adults and youth foster positive outcomes.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

2. I have knowledge of how a young person's brain typically responds to stressful situations.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

3. I can identify the elements of a young person's psychological world and describe how they relate to behavior.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

4. I can identify the elements of a Conflict Cycle.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

5. I am able to de-escalate a youth experiencing distress.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

6. I am able to identify the specific triggers to the problem behavior by talking to the youth.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

7. I am able to help a youth reflect upon his/her behavior and understand the underlying reason for the problem behavior.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

8. I am able to help a youth select a replacement behavior that meets the same need as the problem behavior and teach/rehearse until the youth is comfortable using the new skill.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

9. I am able to share the plan for a replacement behavior with key staff so that we can all help the youth learn to cope with similar situations.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

10. There are fewer crisis incidents due to my ability to respond to young people in distress.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

11. I am confident in my abilities to respond to young people in distress in an effective and efficient manner.

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree